

LOCATION

The 2nd Annual Reliant Senior Care 5K Race/Walk, 1 Mile Walk and Kids Fun Run will be held on a closed, flat loop course through streets in residential neighborhoods. The race starts and finishes in Pearson Park, located in New Castle, PA

REGISTRATION

**Race Day Registration/
Packet Pick-up**
8:00-8:30 a.m.

Online Registration
www.active.com by
May 20, 2013

RACE DAY SCHEDULE

8:40 AM Kids Fun Run

9:00 AM 5K Race and Walk
1 Mile Walk

For more information, contact Tom Ford
at 724-991-6704 or
tom.ford@reliantsc.com

ENTRY FEES

5K Race/Walk

\$15.00 pre-registered by May 17, 2013
\$20.00 day of race

1 Mile Walk/ Kids Fun Run

\$5.00 pre-registered by May 17, 2013
\$10.00 day of race

**Pre-registration is encouraged.
No refunds or exchanges.**

T-SHIRTS

T-Shirts will be available for the
pre-registered entrants only.



AWARDS

- **5K Overall-Top Female & Male Finishers**
- **5K Age Groups-to the top three males and females in the following groups:**

11 and under	30-34	55-59
12-15	35-39	60-64
16-19	40-44	65-69
20-24	45-49	70-74
25-29	50-54	75 +

Sponsor Opportunities available for 2013

Level I-\$50.00

Includes 18 x 20 sign on the course and opportunity to include brochures, coupons, promotional items in race packet.

Level II-\$100.00

Includes logo on the back of this year's t-shirt and opportunity to include brochures, coupons, promotional items in race packet.

Level III-\$250.00

Includes 18 x 20 sign on the course, top tier placement on the back of this year's t-shirt and opportunity to include brochures, coupons, promotional items in race packet.

*If unable to donate at a designated level, any donation is appreciated.

One Entry Form Required For Each Person



Is Proud to Present The

Dash & Dine 5K



Run and Walk

*All proceeds benefit the Alzheimer's
Association of Greater Pennsylvania*

Name: _____

Email: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Age: _____ Birth date: _____

Male or Female: _____

Is this your first 5K? No Yes

Check if using a wheelchair

5K Walk 5K Run 1 Mile Walk Kids Fun Run

Shirt Size: Adults: S M L XL Youth: S M L

Make checks payable to:
Reliant Senior Care, 715 Harbor Street, New Castle, PA 16101
Attention: Tom Ford, Race Director

Release: In consideration of the acceptance of this entry to the Dash and Dine 5K Race & Walk, One Mile Walk and Kids Fun Run, I do hereby, for myself or my children, my heirs, executors and administrators, waive and release and discharge the Dash and Dine 5K, Pearson Park, Neshannock Township, and any hosts of sponsors, or their respective agents, representatives and employees, from all claims, demands and right of causes of action, present and future, whether known or anticipated, resulting from or arising out of, either directly or indirectly, my participation or my child's participation in the Dash & Dine 5K. I attest that I am physically fit and sufficiently trained for completion of this race. I hereby grant full permission to any or all of the foregoing to use any photographs, videotapes, motion pictures, recordings or any other record of the event for any legitimate purpose. I have been informed that entrants under 18 years of age require parental approval and signature on this form to participate in this event. I have read and understand the foregoing assumption of risk and release this ____ day _____ 2013.

Signature _____

Parent or Guardian if under 18

***Saturday,
June 1, 2013***

***Hosted at:
Pearson Park
Pearson Park Drive
New Castle, PA
16105***