

WAIVER

I know that running a road race is a potentially hazardous activity. I would not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the event. I assume all risks associated with participating in the event, including, but not limited to: falls, contact with other participants, the effects of the weather (including high heat and/or humidity), traffic and the conditions of the road - all such risks being known and appreciated by me.

Having read this waiver and knowing these facts, and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Greenfield Organization, the City of Pittsburgh and all sponsors, their representatives and successors, from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the person named on this waiver.

Signature

Co-signature

By parent or guardian, required if applicant is under 18 years of age.



2013 Greenfield



31st Annual
Sunday, June 2, 2013
8:30 a.m.

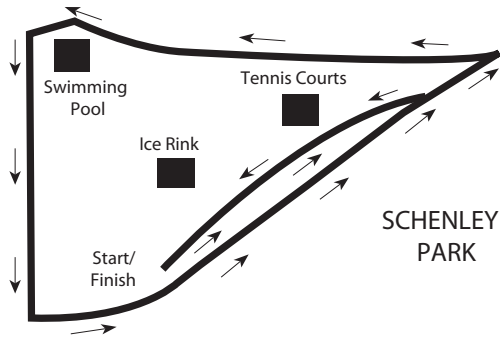
**A 5K Cross-Country
Run / Walk through
Schenley Park**



Luke Ravenstahl, Mayor
Corey O'Connor, Chairman, Committee on Urban Recreation

Register on-line at www.GreenfieldGlide.com

COURSE MAP (5K = 3.1 Miles)



WHEN

Sunday, June 2, 2013 at 8:30am

WHERE

Run on the roads and trails of Schenley Park. Start and finish on Overlook Drive.

FEE

Pre-registration		
Runners \$15.00	Walkers \$10.00	
Day of Race		
Runners \$20.00	Walkers \$13.00	

PROCEEDS

To benefit youth recreation in Greenfield

T-SHIRTS

All registered runners and walkers guaranteed a long-sleeve T-shirt.

COURSE RECORDS

Male	Barry Harwick (1987), 15:26
	Craig Woshner (1992), 15:26
Female	Tammy Slusser (1999), 17:52

TIMING

Utilizing computer chip technology.

AWARDS

Awards will be presented to the top 3 overall male and female finishers. All walkers finishing the course will receive a certificate of completion.

AGE DIVISIONS

Awards will be presented to the top finisher in the following age groups for males and females:

11 & under	30-34	55-59
12-15	35-39	60-64
16-19	40-44	65-69
20-24	45-49	70 & over
25-29	50-54	

TOP GREENFIELD RUNNER AWARD

Awards will be presented to the first Greenfield male and female finishers.

OVER-200 POUND CONTEST

Entrants must be registered in the over-200 pound division and must weigh in prior to the event. Heavyweight and age group awards are mutually exclusive.

MIDDLE-OF-THE-PACK AWARDS

Awards will be presented to the male and female runner finishing in the middle of their field.

FITNESS WALK AWARDS

Awards will be presented to the "oldest walker" and to the "family with the most walkers". Pre-registered applicants only.

TEAM CHALLENGE

Men and women, 3 or more per team. Lowest 3 times considered. Team with lowest times receives team award. All team members must pre-register.

REGISTER

Fill out the application and make checks payable to: Greenfield Community Association c/o Citiparks 459 City-County Building Pittsburgh, PA 15219

For further information, call: 412-255-2493

Register on-line at www.GreenfieldGlide.com

2013 Greenfield Glide ENTRY FORM

Last Name (Print)

First Name Initial

Mailing Address (include Apt. and/or c/o)

City State Zip

() Phone

Age on June 3 Sex

Complete Team Name - If in team competition

- Entering as walker +200 lb. division
- Greenfield resident Team Challenge

Shirt size (circle): S M L XL XXL

YOU MUST SIGN THE WAIVER FORM ON THE BACK OF THIS APPLICATION IN ORDER TO PARTICIPATE!!!

PICNIC

A picnic will be held immediately following the awards presentation.

ON YOUR MARK WITH HIGHMARK

Every child and teen participating in the "On Your Mark with Highmark" Youth Challenge is a winner! This popular fitness program encourages children to take part in community footraces, by either walking or running the 5K distance. Each child age 6 to 12* who completes one (1) Citiparks' community footrace and each teen age 13 to 18* who completes two (2) Citiparks' footraces will receive a complimentary registration to The Great Race 5K courtesy of Highmark Blue Cross Blue Shield.

After completing The Great Race 5K, each youth will receive a personalized certificate recognizing their achievement. Since this is not a competitive activity, everyone is a winner by simply taking the challenge.

Participating Citiparks races:	
Greenfield Glide	June 2
Riverview Park 5K	June 7
Brookline Breeze	August 10
Run Around the Square	August 24

*age as of June 1, 2013