

# 2013 GATEWAY TRACK MILES 2013 (1609.344meters)

PRESENTED BY: TUESDAY NIGHT RACING TEAM  
USA TRACK AND FIELD SANCTION EVENT

## NO ENTRY FEE

REGISTOR AT RACE SITE

DATE: THURSDAY JUNE 6, 2013 6:30pm (Faster heats first)) TENTITIVE

SITE: GATEWAY MIDDLE HIGH SCHOOL TRACK

4450 OLD WILLIAM PENN HIGHWAY Monroeville, PA 15146

LOCATED AT THE INTERSECTION RT 48 NORTH AND OLD WM PENN HIGHWAY APPROXIMATELY 1/8 MILE NORTH OF BUSINESS ROUTE 22, AT THE PLUM 14B EXIT OF THE PARKWAY AND PA TURNPIKE EXIT 56 Check by calling (412) 372-3212 or e-mail: [don\\_tammy@msn.com](mailto:don_tammy@msn.com) for questions. Note school may not be open for rest rooms or changing.

Come ready to run: MAPQUEST: 4450 Old William Penn Highway, Monroeville, 15146

TIME: 6:30 pm FIRST HEAT: SIGN IN STARTING AT 5:45

TENTATIVELY 4 or 5 HEATS WILL BE HELD: ELITE, FAST, MIDDLE, SLOW IDEALLY 12 – 15 RUNNERS PER HEAT. HEATS STAGED BY RUNNERS ABILITY OR PREDICTED FINISH TIME - NOT NECESSARILY BY AGE GROUP OR SEX. HEATS WILL BE ADDED OR DELETED DEPENDING UPON THE NUMBER OF RUNNERS PRESENT.

FASTER HEATS WILL BE RUN FIRST

## AWARDS: TAMMY'S HOMEMADE CHOCOLATE CANDY

First Open Male	First Open Female	Race Walk
First Master +40	Predict Your Time	Special
Heat Winners	Random Drawing Winner	

## CASH FOR OVERALL RECORDS & SELECT AGE RECORDS:

\$50 for Overall Record, \$25 Select Age Records, \$10 Age Performance

Overall Records \$50	Male: Scott Whitaker 2011 4:26.28	Female: Allison Letourneau 2012 4:50.3
Age Records \$25	<19 Scott Whitaker 2011 4:26.28	Female: Diana Filtz 2005 5:18.70
	40-49 Carl Hubel 1999 4:43.41	Female: Tammy Slusser 2005 5:33.0
	50-59 J Brockenbrough 2009 4:52.46	Female: Lisa Cimbala 2012

6:42.04

	60-60 Dean Rowland 2012 5:56.7	Female: No Bonus Money
	70+ Dick Monheim 2012 7:03.08	Female: No Bonus Money
Tues Night	Jim Hommes 1997 4:34.43	Female: Tammy Slusser 1996 4:58.91
Race Walk	No Bonus Money	Female: No Bonus Money

Bonus/Incentive Money Rules: 1) Runner may earn higher money, no duplications. 2) Should a runner tie a record, half stated Money will be awarded. 3) Runner breaking record must win overall/age to be awarded record money.

4) \$10 performance money for bettering last listed time in division (see reverse), even if other runners displace this runner.

5) No Record or Performance money in Race Walk and Women 60 and over divisions.

## LIGHT REFRESHMENTS WILL BE PROVIDED

## NO ENTRY FEE

SPLITS GIVEN AT EACH 440 YARDS - FOUR LAPS PLUS 9.344 METERS

Record:

Oldest Finisher: Male: 79 Gehrett Smith, McKeesport 2012 . Female: 66Terry Caskadian 2007

Youngest Finisher: Male: 7 Sean Hopudar, Greenfield 1998; 7 Nathaniel Landis, Pittsburgh 2003; Kyle Bartifay, Murrysville 2008, Konrad Holland, Pittsburgh 2011. Female: 4 Leah Olson, Greenfield 2011

GATEWAY TRACK MILE TOP PERFORMANCES BY DIVISION to JUNE 2012

	MALE				FEMALE			
	age	year	age	year	age	year	age	year
OPEN	1. 4:26.28	Scott Whitaker	18	2011	1. 4:50.3	Allison Letourneau	23	2012
	2. 4:29.8	Steve Abate	23	2012	2. 4:54.0	Stephanie Boyle	21	2012
	3. 4:29.83	Mike Diano	21	2003	3. 4:58.91	Tammy Slusser	31	1996J
	4. 4:30.31	Steve Strellick	27	2010	4. 5:00.5	Leah Ahlin	29	2012
	5. 4:30.41	A.J. Saravica	27	2009	5. 5:03.35	Tammy Slusser	30	1995A
	6. 4:30.99	Mike Diano	19	2001	6. 5:03.42	Tammy Slusser	31	1996A
	7. 4:32.98	Kevin Gregg	21	2011	7. 5:07.06	Tammy Slusser	33	1998A
	8. 4:33.7	Fred Thompson	20	2012	8. 5:09.06	Mindy Sawtelle	26	1999
	9. 4:34.38	Mike Diano	22	2004	9. 5:10.33	Tammy Slusser	32	1997A
	10. 4:34.43	Jim Hommes	27	1998	10. 5:11.51	Tammy Slusser	32	1998J
JR 19<	1. 4:26.28	Scott Whitaker	18	2011	1. 5:18.70	Diana Filtz	15	2005
	2. 4:30.99	Mike Diano	19	2001	2. 5:38.70	Becky Carter	17	1998
	3. 4:34.60	Christian LaBash	15	2011	3. 5:40.74	Claire Kintner	17	2012
	4. 4:34.74	Ryan McGuire	16	2011	4. 5:45.63	Kristen McMichaels	14	2011
	5. 4:38.07	Mike Diano	18	2000	5. 5:50.65	Kristen McMichaels	13	2010
40- 49	1. 4:43.41	Carl Hubel	42	1999	1. 5:33.0	Tammy Slusser	40	2005
	2. 4:45.36	Carl Hubel	41	1998 A	2. 5:35.05	Tammy Slusser	43	2008
	3. 4:46.83	John Brockenbough	44	2003	3. 5:37.57	Tammy Slusser	42	2007
	4. 4:47.86	John Brockenbough	43	2002	4. 5:38.60	Tammy Slusser	44	2009
	5. 4:48.42	Jim Hommes	40	2011	5. 5:38.71	Kristen Suvick	45	2011
50-59	1. 4:52.46	John Brockenbough	50	2009	1. 6:42.05	Lisa Cimbala	53	2012
	2. 4:56.84	John Brockenbough	52	2011	2. 6:42.46	Michelle Choo	54	2010
	3. 4:57.73	John Brockenbough	51	2010	3. 6:48.74	Peggy Gibson	51	2011
	4. 5:04.1	John Brockenbough	53	2012				
	5. 5:04.75	Carl Hubel	50	2007				
60-69	1. 5:56.7	Dean Rowland	61	2012	1. 9:45.5	Terry Caskadian	64	2005
	2. 6:02.03	Jim Waldorf	60	2002	2. 10:37.3	Terry Caskadian	66	2007
	3. 6:16.70	Dick Monheim	60	2002				
	4. 6:22.39	Dick Monheim	62	2004				
	5. 6:27.6	Bob Pikelis	60	2012				
70+	1. 7:03.08	Dick Monheim	70	2012	NONE			
	2. 7:08.39	Roger Brockenbough	74	2009				
	3. 7:18.64	Roger Brockenbough	75	2010				
Tues. Nite	1. 4:34.43	Jim Hommes	26	1997	1. 4:58.91	Tammy Slusser	31	1996
	2. 4:36.69	Hans Rottmann	33	2001	2. 5:03.35	Tammy Slusser	30	1995 A
	3. 4:36.93	Jim Hommes	27	1998	3. 5:03.42	Tammy Slusser	31	1996 A
	4. 4:40.30	Jim Hommes	28	1999	4. 5:07.06	Tammy Slusser	33	1998 A
	5. 4:42.25	Jeff Otten	24	1998	5. 5:10.33	Tammy Slusser	32	1997 A
Race Walk	1. 8:23.61	Steve Bence	45	2001	1. 8:52.46	Jamie Brooks	40	2010
	2. 8:29.03	Lee Stough	29	2011				
	3. 8:31.7	Steve Bence	44	2000				
	4. 8:46.9	Don Slusser	53	2005				

Note Gateway Mile held in both June & August in 1995, 1996, 1997 and 1998. An "A" following a record indicates August, no making indicates June. Note no race held in 2006. \* Record

Gateway Track Mile Winners: 1994 to 2012

Year	Winner	Time	<5:00	#Runners	Year	Winner	Time	<5:00	#Runners
1994	David DeTorre	5:00.52	0	10	1995	Brian Sundin	4:49.3	5	14
1995 A	Kevin Dowell	4:46.11	4	13	1996	Jeff Otten	4:42.25	7	21
1996 A	Jim Hommes	4:45.42	2	13	1997	Jim Hommes	4:34.43	6	23
1997 A	Jeff Otten	4:50.72	5	10	1998	Jim Hommes	4:36.93	4	21
1998 A	David Wilt	4:43.73	5	20	1999	Jim Hommes	4:40.30	3	21
2000	Mike Diano	4:38.07	4	37	2001	Mike Diano	4:30.99	7	46
2002	Jim Hommes	4:43.59	8	35	2003	Mike Diano	4:29.83	8	41
2004	Mike Diano	4:34.38	4	31	2005	Larry VanDyke	4:53.59	1	39
2006	Race Not Held				2007	J. Brockenbough	4:53.70	3	16
2008	Craig Bell	4:42.17	1	22	2009	AJ Saravica	4:30.41	4	41
2010	Steve Strellick	4:30.13	4	42	2011	Scott Whitaker	4:26.28 *12	65	
2012	Steve Abate	4:29.8	8	53					

