



St. Jude is unlike any other pediatric treatment and research facility. Discoveries made here have completely changed how the world treats children with cancer and other catastrophic diseases. With research and patient care under one roof, St. Jude is where some of today's most gifted researchers are able to do science more quickly.

The McKeesport Firefighters "Friends of Diana" committee is set up for Diana (Bunny) Perciavalle. Diana, born and raised in Liberty Boro, PA, is a 49 year old nurse, wife and mother who is battling lung cancer.

Thank you for your generosity to help Diana become a Cancer Survivor.

Download additional entry forms at alphafitnessclub.com



Event Point of Contact:

Jessica Gradich
412-896-9661
alphafitnessclub1@gmail.com



Fully Equipped, Two Level, Cardio, Strength, Fitness Club & Wellness Center

Membership Includes: Aerobics, Spin, & ZUMBA Classes!

Now featuring our Wolff Tanning Bed equipped with brand new bulbs!



Standard Membership

\$37.00/month

Student, Police, EMS,
Fire & Military

\$28.00/month

Court Time Complex

95 Enterprise Drive
Elizabeth, PA 15037
412-896-9661

Hours of Operation:

Mon-Thurs: 5:30am-9:00pm
Fri: 5:30am-7:00pm
Sat: 7:00am-4:00pm
Sun: 9:00am-3:00pm

Alpha Fitness Club's

3rd Annual



Proceeds Benefit:



and



McKeesport Firefighters
"Friends of Diana" Committee

RACE DATE:

Sunday, June 9th, 2013

RACE TIME:

10k - 8:30am
5k - 8:40am
3mi Walk - 8:50am

RACE LOCATION:

Yough River Trail Boston Access,
Boston, PA 15135

Alpha Fitness Club LLC.

95 Enterprise Drive STE 115
Elizabeth, PA 15037
412-896-9661
www.alphafitnessclub.com

WHEN

Sunday, June 9th 2013 - 8:30am

COURSE

The event will take place on the Yough River Trail, starting and ending at the Boston Trailhead

ENTRY FEE

\$25.00 - Single Entry
\$20.00 - Alpha Fitness Member, Public Safety, or Military Personnel
\$60.00 - Family of 3 or more

WHO SHOULD ENTER:

Competitive & amateur runners of all ages.
Walkers of all levels welcome.

MEDICAL AID STATIONS:

Elizabeth Township Area EMS paramedics will be present along the course.

Water stations with refreshments will be provided by Alpha Fitness Club.



alphafitnessclub.com

Packet Pick-up:

Race packet pick-up will be at Alpha Fitness Club located at 95 Enterprise Dr. Elizabeth, Pa 15037.

Thursday, June 6th 2012 8am-8pm
Friday, June 7th 2012 8am-6pm

Directions & Parking:

The Boston Trailhead access is located near the intersection of Rt 48 & Smithfield St. in Boston PA. Parking will be available at the Boston Ball Field.

Timing & Results:

Timing and results will be provided by "Miles of Smiles" timing service.

Awards & Prizes:

Each runner and walker will receive a finishing medal. T-shirts will be given to those who register before the May 25th deadline. Awards will be presented to the fastest "Overall" Male/Female runner, and 1st place in each gender's age groups.

Registration:

*Complete registration form on next page.
*Please mail in form along with Check Payable to: "Alpha Fitness Club."
95 Enterprise Dr STE 115 Elizabeth PA 15037
*Visa - Master Card - Discover is accepted for payment at Alpha Fitness Club.

Deadline for Entry is May 25th, 2013

Registering for: ___ 10k ___ 5k ___ 3 Mi Walk

Divisions & Age Groups (10k & 5k):

Male:	Female:
___ Open	___ Open
___ 12 & under	___ 12 & under
___ 13-19	___ 13-19
___ 20-29	___ 20-29
___ 30-39	___ 30-39
___ 40-49	___ 40-49
___ 50-59	___ 50-59
___ 60+	___ 60+

Name

Address

Email

City, State, Zip

Phone

Age on June 8th, 2013

Shirt Size: ___ S ___ M ___ L ___ XL Gender: ___ M ___ F

Credit Card Information:

Name

___ Visa ___ Mastercard ___ Discover

Credit Card Number

Expiration Date

Signature

Waiver and Release of Liability:

By submitting and signing this entry, I attest that I have sufficiently trained for and I am physically capable of participating in this event. In consideration of the acceptance of this form, I do myself, my heirs, executors, and administrators, release Alpha Fitness Club, Officers, partners, employees, and ALL members of the event, its sponsors and volunteers from ANY claim of liability for any and all injuries, loss, damage which I may suffer or sustain by reason of my participation in this event or caused by any other in this event. Parent must also sign if under 18 years of age.

Signature of Participant (Parent also if under 18)