



**FRIDAY, JUNE 14<sup>TH</sup>, 2013 @ 7:30 PM**

**Events: 5K RUN / WALK and 1 MILE FUN WALK**

**Times: Registration from 5:00 – 7:15 PM; Race begins at 7:30 PM**

**Pasta Dinner and Awards upon completion**

**Awards: (M & F) Top 3 Overall, 1<sup>st</sup> Penn Hills Resident, 1<sup>st</sup> Firefighter, 1<sup>st</sup>, 2<sup>nd</sup>, & 3<sup>rd</sup> in each Age Group**

**Cost: \$20.00 T-shirts guaranteed to preregistered by May 24, 2013**

**Sign up online @ [runsignup.com/Race/PA/VeronaPennHills/RosedaleBlazing5K](http://runsignup.com/Race/PA/VeronaPennHills/RosedaleBlazing5K)**

**Name** \_\_\_\_\_ **Date of Birth** \_\_\_\_\_

**Address** \_\_\_\_\_ **City** \_\_\_\_\_

**State** \_\_\_\_\_ **Zip** \_\_\_\_\_ **Sex** **M** **F** **Age on race day** \_\_\_\_\_ **Firefighter** **Y** **N**

**Email** \_\_\_\_\_ **Penn Hills Resident** **Y** **N** **T-shirt** **S** **M** **L** **XL**

**Age Group** **15 & Under** **16-19** **20-24** **25-29** **30-34** **35-39** **40-44** **45-49** **50-54** **55-59** **60-69** **70 & over**

I hereby release and hold harmless the Rosedale VFD, and any and all other persons, organizations and sponsors related to this event from any and all damages which may be sustained or suffered by me in connection with my participation in this event. I also attest that I am physically fit and capable of participating and am not doing so against the advice of a physician or qualified individual. (parent or guardian must sign for anyone under 18)

**Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**Visa / Mastercard Card #** \_\_\_\_\_ **Exp** \_\_\_\_ / \_\_\_\_ **Security Code** \_\_\_\_\_