



**4TH ANNUAL**

# TRICK OR TROT

**5K RUN -1 MILE WALK**

*SPONSORED BY: DUBOIS AREA JAYCEES*

**SATURDAY, OCTOBER 22, 2016**

**REGISTRATION: 9:00 A.M.**

*EDWARD V CHERRY AMPHITHEATER  
AT DUBOIS CITY PARK*

**RACE: 10:00 A.M**

*START OF WALKWAY UNDER  
LIBERTY BLVD.*

**PRE-REGISTRATION: \$25**

*\*ENDS OCTOBER 19*

**DAY OF RACE: \$30**

*T-SHIRTS GUARANTEED TO THOSE WHO REGISTER BY OCTOBER 6  
CHILDREN 10 AND UNDER-FREE!*

**PRE-REGISTER ONLINE AT  
[RUNSIGNUP.COM](http://RUNSIGNUP.COM) OR BY MAIL**

**REFRESHMENTS AND AWARDS FOLLOWING THE RACE**

**AWARDS FOR BEST TIME FOR MALE AND FEMALE IN EACH AGE GROUP!**

**AGE GROUPS: 13 AND UNDER, 14-19, 20-29, 30-39, 40+**

**ALL WAIVERS AND CHECKS SHOULD BE MAILED TO:  
DUBOIS AREA JAYCEES  
P.O. Box 23 DuBois, PA 15801**

Questions? Please contact:

Caitlin Harriman: [caitlinthomas4@gmail.com](mailto:caitlinthomas4@gmail.com) or Rachel Steele: [rachelsyktich@yahoo.com](mailto:rachelsyktich@yahoo.com)

**COSTUMES ENCOURAGED!**

**PORTION OF THE PROCEEDS WILL GO  
TO LESSA CASTEEL MEMORIAL AT THE**

**DUBOIS YMCA!** 