



The Get Fit Families Reindeer Race



December 3, 2016

Registration and Packet Pick-Up Start at 8:00 AM at
Downtown Harmony, PA

5K starts at 9:00 AM on Mercer Street.

The 1 Mile, 1/2 Mile and 1/4 Mile Start at 10:00 AM on Spring Street.

The 1st Place Boy and Girl ages 12-16 and ages 11 and Under in the 5k and 1 mile races will receive a scholarship to a Get Fit Families Summer Camp.

Prices: 5K Run \$18 Early Registration til Oct. 15. \$20 til November 26, 2016. Late is \$25

Prices: 1 mile Run \$15 Early Registration til Oct. 15. \$20 til November 26, 2016. Late is \$20.

Prices: Kids Races 1/2 mile and 1/4 Mile. \$12 early Registration. \$15 til November 26, 2016. Late is \$18.

All 4 Races is \$35.

Prices: Family Race Package: \$70 up to 4 runners. All races included. \$75 after November 26, 2015

Mail Registration to and make checks payable to: Get Fit Families, 202 High Acres Road, Harmony, PA 16037.

Awards for top 3 male and female overall in the 5k and 1 mile. Age group awards for the top 3 male and female in the following age groups.

4 and under, 5-6, 7-8, 9-10, 11-12, 13-18, 19-29, 30-39, 40-49, 50-59, 60-69, 70 and older.

Special awards for the 1/2 and 1/4 mile races.

1st 100 entries receive a race hat. Each runner receives a commemorative Christmas Ornament and Cool Goody Bag items, post race hot cocoa, cookies and snacks. Don't forget the visit with Santa.

Name _____

Address _____

Email _____ Phone _____

Age _____ Male or Female T Shirt Size _____ Race: 5K 1 Mile 1/2 Mile 1/4 Mile All 4

In consideration of this entry being accepted, I hereby for myself, my heirs, executors, administrators, waive and release any and all claims for damages I may have against the Get Fit Families, GFF Running Club, Harmony Borough, Three Rivers Association, USATF, its members, meet officials, meet committee and their agents, representatives, successors, and assigns for any and all injuries suffered by me or my child at this meet. I certify that myself or child is an amateur athlete. I further certify that my child or I have trained sufficiently to participate in this meet.

Signature: _____ Date _____

Parent/Guardian _____ Date _____