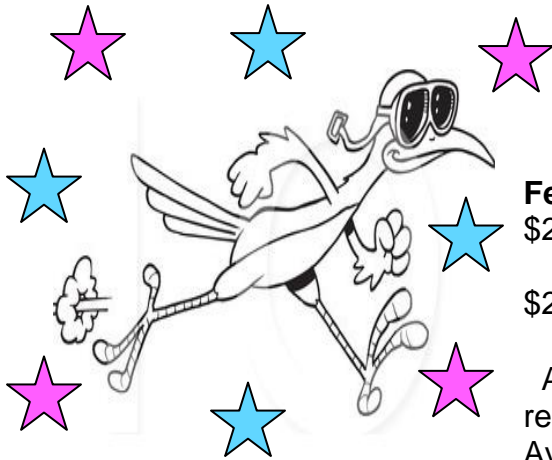


**Saturday, Aug  
26th**

# HAMSTRING HUSTLE



2017

**Fees:** Before August 12, 2017  
\$20/ one race, \$25/ both races  
After August 12, 2017  
\$25/ one race, \$30/ both races

All pre-registered racers will receive a T-shirt. All others; shirts Available while supplies last.

**9:00 am** 5k Walk/run  
**10:30 am** 2.5k Walk/run  
**11:00 am** Kids fun run

**Start and finish at Grace United Methodist Church  
209 Franklin St. Clintonville**

**Kids:** ¼ mile fun run ages 10 & Under (no cost, no shirt)

**Runners Awards:** Awards will be given to the top three male and female finishers in both races. Awards given to top three in each age group; 14 and under, 15-19, 20-29, 30-39, 40-49, 50-59, 60 and older.

**Walkers Awards:** Awards to the top three males and female finishers only in both races. There will be no age groups for the walkers.

**Overall Awards:** Awards will be given to the top three male and female runners and walkers that enter both races. Possibility of multiple awards!

~~~~~Hamstring Hustle 2017~~~~~

Name \_\_\_\_\_ Age \_\_\_\_\_ (at race time)

Address \_\_\_\_\_ Phone \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Sex: M  F  Shirt Size: S  M  L  XL  XXL

Run  Walk  5K  2.5 K  Both

**Make checks payable to Michael Sandrock P.O. Box 103 Clintonville PA 16372  
Contact Michael Sandrock 814-385-6515 [mlsandrock@gmail.com](mailto:mlsandrock@gmail.com) for information.**

Waiver: In consideration of the acceptance of this entry, I waive myself, my heirs and assigns, all claims for damages which I might have against the race, its sponsors or any other organization, business, or individual as a result of any and all injuries which might be received during the contest. I also release any photos that may involve myself.

Signature required \_\_\_\_\_ (parents signature if under 18 years old)