



Youngstown State University's Honor's College is happy to announce the holding of the first annual **"Y are you Running 5k," which will be held on October 8th**. This 3.1 mile course will give runners a scenic tour of YSU's campus, while providing a fun day of community bonding. The race's goal is to raise money for local charity while bringing together our community for a day of fun, exciting exercise.

100% of profits from registration and sponsorships will be divided among the top male and female finishers who will decide what local charity they wish to donate their winnings to. Donations must be made to a charity within Mercer, Lawrence, Columbiana, Trumbull, or Mahoning County. Donations cannot be donated to a personal cause and must be deemed acceptable by the promoters. In addition to their charitable contributions, top finishers will be awarded prizes to reward them for their accomplishments.

The race will be starting and finishing out of the Watson and Tressel Training Site on YSU's campus. Parking for the event will be in the M90 lot (by The Flats Apartments/Cafaro House)

Race day registration and online registration pick-up will be from 7:30 am. up until about 15 minutes before the start of the race at 9:00am, where President Tressel will be the race starter.

Race day registration will be available; however, an event shirt is not guaranteed. **Registration must be submitted by September 25th, in order to guarantee a shirt (a long sleeve, performance t-shirt with the above logo on the front)**

The race cost is \$18 and includes parking.

Race uses chip timing.

Checks can be made payable to "YSU Honor's Trustees". Cash and checks can be sent to Honors College/ Youngstown State University One University Plaza, Youngstown, OH 44555 or dropped off at Fok Hall.

Online registration can be done by going to <https://runsignup.com/Race/OH/Youngstown/YAreYouRunning5k> and submitting your information before noon on Oct. 7, 2017

Any questions can be submitted to: honorsstudents@ysu.edu

Name _____ Sex ___ Age _____

Address _____

City, State Zip _____

Phone _____ E-mail _____

SHIRT SIZE (circle One) SM M L XL

PLEASE CHECK ONE: YSU student/faculty/staff _____ Non YSU student/faculty/staff _____

Waiver (MUST BE SIGNED)

In consideration of your accepting this entry, I, the below signed, intending to be legally bound, for myself, my heirs, my executors and administrators, waive and release and any all rights and claims for damages I may have against the race, and sponsors and their representatives, successors and assigns for any and all injuries suffered by me in said event. I attest that I will participate in this event as a footrace, that I am physically fit and sufficiently trained for the completion of this event. Furthermore, I hereby grant full permission to use my name and likeness, as well as any photographs and any record of this event in which I may appear for any legitimate purpose, including advertising and promotion.

Signature _____ **Date** _____

Parent or Guardian if under 18 _____

No refunds will be issued for any reason