



2017 USATF Region 2 Junior Olympic Cross Country Championships



Date	Sunday, November 19, 2017	Host	USATF Three Rivers
Location	Westmoreland County Community College 145 Pavilion Ln, Youngwood, PA 15697	Director	Chuck Davis
Course Walk	8:00AM	Email	Chuckdavis_4@yahoo.com
First Race	9:00AM	Phone	
		Website	http://www.usatf-threerivers.org/youth

ENTRY FEES & DEADLINES

ONLY ONLINE ENTRIES WILL BE ACCEPTED – Athletic.net Meet ID #139428

All advancements/entry must be completed, paid for, and submitted online. Online entries may be submitted by visiting <http://www.usatf-threerivers.org/youth/>

On-Time Registration: Must be completed by **November 16; 9:00pm**

Individual Entries: \$15.00/athlete Team Entries: No charge

ADVANCEMENT to REGION 2 CHAMPIONSHIP

All athletes that compete in their Association XC Championship advance to the Region 2 Championship.

HIGH SCHOOL WAIVERS: High School athletes that have a conflict with their state high school championship can be waived directly to the Region 2 Meet. Athletes (coaches or parents) must email their association youth chair or region2@regionrep@usatf.org to request waiver. **Deadline to request a waiver is November 13.**

ELIGIBILITY REQUIREMENTS:

- **Individuals:** Current USATF membership is required to compete. Proof of Birth (copy of birth certificate, passport, certified baptismal record, driver's license, or U.S. government identification) is required and must be submitted prior to registration and participation.
- **Teams:** Only registered USATF member clubs may enter a team. All athletes representing the club must be affiliated with that club as part of their USATF membership at the first level of competition. To enter a team, a club must complete the team entry/declaration process during online registrations. Only athletes listed on the team declaration roster will be eligible to represent the club at the Association, Regional or National championships.

SCHEDULE

YOUTH AGE DIVISIONS

Age Division	Distance	Girls	Boys
8&Under (born 2009 & later)	2km (1.25miles)	9:00	9:20
9-10 (born 2007 - 2008)	3 km (1.86 miles)	9:40	10:00
11-12 (born 2005 – 2006)	3 km (1.86 miles)	10:20	10:40
13-14 (born 2003 – 2004)	4 km (2.48 miles)	11:00	11:20
15-18 (born 2001 –2002)	5 km (3.1 miles)	11:40	12:00

Note: The 15-18 divisions is for team scoring purposes only. Athletes will place individually in their respective 15-16 and 17-18 age divisions.

PACKET PICK-UP TIMES/LOCATIONS

Saturday November 18 5:00PM to 7:00PM at Spring Hill Suites
 Sunday November 19 7:00AM at Course

SATURDAY COURSE PREVIEW – THE COURSE WILL BE AVAILABLE ON SATURDAY

TEAM SCORING: 8 athletes on the team entry/declaration form may be declared as scoring athletes. The top 5 finishers among the declared runners will score.

COMPETITION BIB NUMBERS: All competitors must wear their assigned bib numbers during competition, chest-high on the front of their jerseys. Bib numbers will be distributed to athletes

EVENT RESULTS: During competition, event results will be posted at **(describe location at the facility).**

AWARDS: USATF Junior Olympic medals will be awarded to the top thirty individuals in each age division Top **30** individuals and top **5** teams in each age group advance from the USATF Region 2 Championships to the National Championships, held Saturday, December 9th Tallahassee, FL, <http://www.usatf.org/Events---Calendar/2017/USATF-National-Junior-Olympic-Cross-Country-Ch.aspx>

DIRECTIONS & PARKING:

From Western NY: Take the exit onto I-490 W toward Buffalo; Take the exit onto I-90 W Take exit 22A to merge onto I-79 S toward Pittsburgh; Take exit 78-77 for PA-228/I-76 toward Cranberry/Pennsylvania Turnpike/US-19; Keep left to continue on Exit 77, follow signs for Harrisburg and merge onto I-76 E/Pennsylvania Turnpike; Take exit 75 for US-119/PA-66 toward Greensburg; Merge onto PA-66BUS N; Continue onto PA-66BUS N/US-119 N; Turn right onto Depot St; Continue onto Armbrust Rd; Turn right onto Pavilion Ln

From Eastern PA & NJ: PA Turnpike I76 West to Exit 75 for US-119/PA-66 toward Greensburg; Continue onto PA-66BUS N/US-119 N; Turn right onto Depot St; Continue onto Armbrust Rd; Turn right onto Pavilion Ln

HOTELS:

Mention USA Track & Field when reserving. Rates good thru November 8

Springhill Suites

Host Hotel – Packet Pick-up 5:00pm to 7:00pm Saturday November 18 along with reception & refreshments

115 Arnold Palmer Drive

Latrobe, PA 15650

Rate: \$102/night

Fairfield Inn & Suites by Marriott New Stanton

107 Bair Boulevard

New Stanton, PA 15672

Rate: \$99/night

Hampton Inn & Suites North Huntingdon - Irwin

8441Country Club Drive

North Huntingdon, PA15642

Rate: \$99/night

Courtyard by Marriott Greensburg

700 Power Line Drive

Greensburg, PA 15601

Rate: \$89/night

Holiday Inn Express Greensburg

137 Blair Street

Greensburg, PA 15601

Rate: \$99/night

Ramada Hotel and Conference Center Greensburg

100 Ramada Inn Drive

Greensburg, PA 15601

Rate: \$99/night

Hampton Inn Greensburg

985 Towne Square Drive Suite 200

Greensburg, PA 15601

\$119/night

Note: 2 night stay requirement

ONLINE REGISTRATION INSTRUCTIONS – *this meet is using free online registration at Athletic.net!*

- Club Administrators and Unattached Athletes should register online on the Athletic.net website
- **Registration Opens: Monday November 6**
- **Online registration will be locked November 16, 9:00pm**
- **Late entries will not be allowed.**
- **Fees must be paid online by the close of registration.**

Follow the 4 steps below to get started:

1. [Sign up for a free coach account](#) (if you do not have one)
 - Go to the website: www.athletic.net
 - Click on '[Sign In](#)' in the upper right hand corner, and then click 'Sign Up' on the bottom of that screen.
 - Complete the signup wizard
 - After receiving the confirmation email, go on to #2
2. Add meets to your season calendar
 - Sign In to Athletic.net
 - Navigate to your team home by clicking your name in the upper right hand corner to open the side menu, and then the home icon next to the appropriate team.
 - Click "**Add Meet**" above your calendar box
 - Where it says "Meet ID:" enter **139428** and click **Add**
 - Review the information and click **Save and Continue >**
 - You may need to click **Save and Continue >** again
 - Repeat this process for the rest of your season calendar (*You can also add meets by date, if you don't know the Meet ID*)
 - Verify that your calendar is correct. Use the Edit button next to meets to make corrections
3. Enter team roster
 - Open the side menu by clicking on your name.
 - Click on your team and then click "**Edit Athletes**" from the list of links for your team.
 - Add athletes to the roster manually, or upload your roster using the "Upload Athlete Roster" option
4. Register athletes for USATF Three Rivers Association Junior Olympic XC Championship
 - Locate **USATF Three Rivers Association Junior Olympic XC Championship** on your team's main cross country page and click on it
 - On the right under **Team Tools**, click **Register Athletes**.
 - Click **Increment Divisions** to quickly register all your athletes in the first race division,
 - or manually select the race division for each athlete
 - Use the boxes on the bottom of the page to add additional athletes to your roster

Accuracy of data entered is the responsibility of each club and/or athlete. Please validate data within Athletic.net for accuracy prior to submitting entry. Coaches and/or parents must provide a receipt that indicates entry and payment in the event an issue arises regarding registration.

An instructional video on the online registration process may be accessed by visiting, <http://cs.athletic.net/blog/b/athletic/archive/2016/01/18/getting-started-athletic-net-tutorials.aspx>