

**NEW CASTLE COMMUNITY YMCA**  
20 West Washington Street  
New Castle, PA 16101  
(724) 658-4766

NONPROFIT  
ORGANIZATION  
U.S. POSTAGE  
**PAID**  
NEW CASTLE, PA  
PERMIT NO. 345



NCYMCA.org



FOR YOUTH DEVELOPMENT®  
**FOR HEALTHY LIVING**  
FOR SOCIAL RESPONSIBILITY

**NEW CASTLE COMMUNITY YMCA**

**T-DAY**

**5K**

**presented by**



# THANKSGIVING 5K RUN & WALK

November 23, 2017 • 9:00 am



## RACE INFORMATION

Our **Thanksgiving 5K Run & Walk** is a family-friendly event. Runners and walkers along with their families are welcome to participate. Wheelchairs, strollers and pets on leashes are also welcome! All proceeds benefit the New Castle YMCA's Annual Youth Campaign, which supports children in need by giving them equal opportunity to be healthy, confident, connected and secure.

## LOCATION

YMCA Downtown  
20 West Washington Street  
New Castle, PA 16101

## START/REGISTRATION

The race starts at 9 a.m. in front of the YMCA Downtown. Race packets and t-shirts may be picked up at registration from 7:30-8:40 a.m.

## AWARDS

Top male and female overall finishers and top three finishers in each age group will receive awards.

## AGE GROUPS

14 & under	50-54
15-19	55-59
20-24	60-64
25-29	65-69
30-34	70-74
35-39	75-79
40-44	80+
45-49	

## COURSE

The course winds through downtown New Castle. Go to [www.ncymca.org](http://www.ncymca.org) for a detailed course map. **Complimentary refreshments are provided at the finish line.**

## PARKING

Parking is available in the YMCA lot located at the corner of West Washington Street & the Columbus Innerbelt, next to Burger King.

## RESTROOMS

Restrooms are available inside the YMCA before and during the race.

**To register online, go to [www.ncymca.org](http://www.ncymca.org)**

## ENTRY FORM/5K RUN & WALK

Please use a separate form for each participant.

Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Gender \_\_\_\_\_ Date of Birth \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

### Fees

\$20 per participant over the age of 6. Children 6 & under free. Paper registrations must be **postmarked by November 6**. After Nov. 6, only online & same-day registrations will be accepted.

### T-Shirts

Commemorative t-shirts are FREE with all early registrations! **Orders must be received by November 6**. No extra t-shirts will be available on race day.

### Circle Shirt Size:

Youth: S M L XL Adult: S M L XL 2XL

### Payment Options

Make checks payable to: New Castle Community YMCA, 20 West Washington St., New Castle, PA 16101

### Race Waiver and Release (participants must sign in order to be eligible to participate in race)

I understand that my consent to these provisions is given in consideration of the acceptance of this registration and for being permitted to participate in this event. I am a voluntary participant in this event, and in good physical condition. I know that this event is a potentially hazardous activity and I hereby assume full and complete responsibility for any injury or accident which may occur during my participation in this event or while on the premises of this event, and I hereby release and hold harmless and covenant not to file suit against the New Castle Community YMCA, its local affiliates, any affiliated individuals, and race sponsors and their agents and employees, the City of New Castle, and all other persons or entities associated with this event ("the releasees") from any loss, liability or claims I may have arising out of my participation with this event, including personal injury or damage suffered to me or others, whether same be caused by falls, contact with participant, conditions of the course, negligence of the releases or otherwise. If I do not follow all the rules of this event, I understand that I may be removed from the competition. I give my full permission to the New Castle Community YMCA and its local affiliates and their sponsors and corporate sponsors to use any photographs, videotapes, audiotapes or other digital recordings of me that are made during the course of this event.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian Signature (if under age 18) \_\_\_\_\_ Date \_\_\_\_\_

**Benefits the YMCA's Annual Youth Campaign / No Refunds**