

# Chase The **Antelopes** 5k Run & One-Mile Walk

Saturday, April 28 at 9:00am

**Location:** Avonworth Middle School, 256 Josephs Lane, Pittsburgh, PA 15237

**Fees: (All proceeds benefit the Hannah Milbert Memorial Fund)**

Pre-Registration: \$15 before 4/1/18 (t-shirt guaranteed)

After April 1: \$20

**Trophies:** Top 3 overall (Male and Female) **Medals:** Top 3 per age group (Male and Female)

**Age groups:** 13 and Under, 14-19, 20-29, 30-39, 40-49, 50-59, 60+

Checks can be made out to: "Avonworth School District" and mailed to:

Avonworth Middle School

ATTN: Jason Smith

256 Joseph's Lane

Pittsburgh, PA 15237



**Select event:**

5k \_\_\_\_\_(timed)

One-Mile \_\_\_\_\_ (un-timed)

**Select T-shirt size:**

Youth: S M L XL Adult: S M L XL

Name: \_\_\_\_\_ M/F: \_\_\_\_\_ Age (on race date): \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Emergency Contact Number: \_\_\_\_\_

I know that running a road race is a potentially hazardous activity. I should not enter and participate unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this Avonworth organized event, including but not limited to falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and acknowledged by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Avonworth School District, all city, county, and state governments, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purpose. I understand that all entries are final with no refunds. The official race director reserves the right in any event of emergency or local or national disaster to cancel the race or to change the day and/or time to a later day and that in the event of cancellation or change there is no refund of entry fees.

\_\_\_\_\_  
Signature/Date

\_\_\_\_\_  
Parent/Guardian Signature if under 18

Contact Jason Smith at (412)-366-9650 or [jsmith@avonworth.K12.pa.us](mailto:jsmith@avonworth.K12.pa.us) for more information or visit our website at [www.ChaseTheAntelopes5k.com](http://www.ChaseTheAntelopes5k.com)