

# 16th Annual Nyla Luvison Memorial 5K

Start time- 9:30AM Saturday July 14<sup>th</sup>, 2018 Sugar Grove, PA

Cost: \$15.00 if pre-registered by 6-22-18 \$20.00 anytime after 6-22-18

Registration: 8:00AM - 9:15AM **Sugar Grove Fire Hall - 5 Wilson Street, Sugar Grove, PA**

Performance T-Shirts: Guaranteed to first 150 entrants (size guaranteed if pre-registered)

Age Divisions: 10 & under, 11-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

Running Awards: First male and female over all, and top 3 male and female finishers in each age group.

Children's Fun Run: Free! After the 5K. All participants get something for their efforts.

**Mail form and fee to:**

Sharon Harris  
22 Greenbriar Circle  
Russell, PA 16345

**Checks Payable to: EHS Cross Country Boosters**

*\*Proceeds to be equally divided between the **Cancer Care Center** at the Warren General Hospital and the **Eisenhower High School Cross Country Teams.***

Chip Timing by: **Miles of Smiles** Check **Smileymiles.com** for race results

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Name \_\_\_\_\_ Phone \_\_\_\_\_

PRINT CLEARLY

Address \_\_\_\_\_

\_\_\_\_\_ ZIP \_\_\_\_\_



T-Shirt Size: Youth: Y Small Y Medium Y Large

(circle one) Adult: Small Medium Large X Large XX Large XXX Large

**\*\*Additional T-Shirts can be pre-ordered for \$15.00 each\*\***

Sex: Male Female Birthdate \_\_\_\_\_ Age as of 7-14-18 \_\_\_\_\_

(circle one)

In consideration of accepting this entry, I the undersigned intending to be legally bound for myself, my heirs, personal representatives, successors and assigns, waive and release any and all claims for losses and damages I may have against the Eisenhower Cross Country Boosters Organization and its representatives, for any and all injuries or illnesses that may result from this event. I agree that I have sufficiently trained for the completion of this event. I also understand and agree that any sponsor may use for publication my name and/or results of my participating in this event without any obligation or liability to me.

Signature \_\_\_\_\_ Date \_\_\_\_\_

If under 18 years old, signature of legal guardian required

Bib Number

For official use only

Signature\_\_\_\_\_ Date\_\_\_\_\_

**A BBQ Chicken Dinner** will be available starting at 10:30AM on race day at a cost of **\$10.00**/meal. If you would like to guarantee dinners for you and your family, you may order using this form.

# of dinners\_\_\_\_\_ @ \$10.00 per meal= \$\_\_\_\_\_

\*\* Additional **Prepaid** T-Shirt orders @ \$15.00 each\_\_\_\_\_ **(please include sizes)**.