



# The Get Fit Families Reindeer Race



## December 9, 2018

Registration and Packet Pick-Up Start at 10:00 AM at the Masonic Hall on East Beaver Street Zelienople near the Zelig Community Park.

5K starts at 11:00 AM on Beaver Street.

The 1 Mile Starts at approximately 11:45 AM on Beaver Street.

Youth races at Zelig Park at approximately 12:00 PM.

Proceeds benefit the Get Fit Families Youth Triathlon Team!

The 1st Place Boy and Girl ages 11 and under and 12 and older in the 5k and 1 mile races will receive a \$250 scholarship to a Get Fit Families Summer Day Camp. (Youth can only win one scholarship)

Prices: 5K Run \$20 Early Registration til Oct. 31. \$25 til November 25, 2018. Late is \$30

Prices: 1 mile Run \$18 Early Registration til Oct. 31. \$20 til November 25, 2018. Late is \$25.

Prices: Kids Races 1/2 mile and 1/4 Mile. \$15 early Registration. \$18 til November 25, 2018. Late is \$20.

All 4 Races is \$40, After October 31 is 45, after November 25 is \$50. 5K and 1 Mile is \$30, after October 31 is \$35 and after November 25 is \$40.

Prices: Family Race Package:

Family of 4: All races included \$74 early registration, \$85 after October 31 and \$100 after November 25, 2018.

Family of 3: All races included \$55.50 early registration, \$66 after October 31, \$75 after November 25, 2018.

Mail Registration to and make checks payable to: Get Fit Families, 213 High Acres Road, Harmony, PA 16037.

Awards for top 3 male and female overall in the 5k and 1 mile. Age group awards for the top 3 male and female in the following age groups.

4 and under, 5-6, 7-8, 9-10, 11-12, 13-18, 19-29, 30-39, 40-49, 50-59, 60-69, 70 and older.

Special awards for the 1/2 and 1/4 mile races.

Entries registered by December 1 are guaranteed a race hat. Each runner receives a commemorative Christmas Ornament and a Cool Goody Bag items, cinnamon bread, post race lunch, hot cocoa, cookies and snacks. Don't forget the visit with Santa.

Name \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_

Age \_\_\_\_\_ Male \_\_\_\_\_ or Female \_\_\_\_\_ Circle Race: 5K 1 Mile 1/2 Mile 1/4 Mile All 4 5K & 1 Mile

*In consideration of this entry being accepted, I hereby for myself, my heirs, executors, administrators, waive and release any and all claims for damages I may have against the Get Fit Families, GFF Running Club, Zelienople Boro, Harmony Borough, Three Rivers Association, USATF, its members, meet officials, meet committee and their agents, representatives, successors, and assigns for any and all injuries suffered by me or my child at this meet. I certify that myself or child is an amateur athlete. I further certify that my child or I have trained sufficiently to participate in this meet.*

Signature: \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_