



**2018 WINTER SERIES**  
**George Welch, Race Director**

**TIME:** All three races are on Sunday afternoons at 2:30 p.m.

**REGISTRATION:** 1:15 to 2:15 p.m. on race day. For online registration, please check the RCRWC website.

**ENTRY FEE:**

\$8.00 for club members  
\$9.00 for non-members

**AWARDS:** Ribbons will be awarded to the first three males and females overall, and to the top three male and female in each of the age groups listed below in both run, walk, and ADA divisions.

12 and under	40-44
13-15	45-49
16-19	50-54
20-24	55-59
25-29	60-64
30-34	65-69
35-39	70 -74
	75 and over



**POINT SYSTEM FOR WINTER SERIES:**

One point for each mile run, *plus*

- 6 points for 1st overall
- 5 points for 2nd overall
- 4 points for 3rd overall
- 3 points for 1st in age group
- 2 points for 2nd in age group
- 1 point for 3rd in age group

Points will be accumulated through the series and the overall winners will be announced in the April/May newsletter.

There will not be a tie for overall awards for points. In case of a tie in points, the person with the fastest times will win the award.

*Proceeds from the Winter Series go to the River City Runners & Walkers Club High School Cross Country Scholarship Fund which is presented to seven students from Wood and Washington County high schools.*

*Many thanks to all of our sponsors, including **Pickering Associates, Kuraray America, On the Run and Walk, and AGA,** for their continued support of the Winter Series.*



THE RIVER CITY RUNNERS & WALKERS  
Present  
The Twenty-Third Annual

# Winter Series



ICICLE 5K  
January 14, 2018

VALENTINE CLASSIC 5K  
February 11, 2018

MARCH HARE 5K  
March 11, 2018

Run and Walk Divisions  
and ADA divisions

Purpose: Three low-key races to keep your competitive spirit going through the winter months, regardless of the weather.

**ICICLE  
5K RUN/WALK  
January 14, 2018**

**Belpre Fire Department Training Center  
Stone Road, Belpre, OH 45714**

**RACETIME:** 2:30 p.m.

**REGISTRATION:** 1:15 - 2:15 p.m.

\$8.00 for club members / \$9.00 for non-members

**COURSE:** Out Blennerhassett Avenue and back

**INFORMATION:** George Welch, 304-482-7647

**walkgeorgewv@gmail.com**

**Make check payable to:** River City Runners & Walkers Club  
P.O. Box 4496, Parkersburg, WV 26104

There will be a \$5.00 service charge on all returned checks.

\_\_\_\_\_  
**Name** MALE / FEMALE  
(circle one)

\_\_\_\_\_  
**Email Address** RUN / WALK  
(circle one)

\_\_\_\_\_  
**Address**

\_\_\_\_\_  
**City, State, Zip**

\_\_\_\_\_  
**Phone** \_\_\_\_\_ **DOB** \_\_\_\_\_

**Age on race day** \_\_\_\_\_

**WAIVER:** Upon entering this event, I waive all claims for myself, my heirs and assigns against the River City Runners & Walkers Club, the Belpre Fire Dept., all sponsors, and the City of Belpre for injury or illness which may result from my participation. I am in proper physical condition for this event.

\_\_\_\_\_  
Signature \_\_\_\_\_ Date \_\_\_\_\_

\_\_\_\_\_  
Parent/Guardian if under 18 years old (Icicle)

Shirt Size Desired \_\_\_\_\_

**NOTE: Only those who finish ALL THREE  
WINTER SERIES RACES will receive a shirt.**

**VALENTINE CLASSIC  
5K RUN / WALK  
February 11, 2018**



**St. Michael Catholic Church  
55th & Grand Central Ave., Vienna, WV**

**RACETIME:** 2:30 p.m.

**REGISTRATION:** 1:15 - 2:15 p.m.

\$8.00 for club members / \$9.00 for non-members

**COURSE:** Out River Road and back, rolling hills

**INFORMATION:** George Welch, 304-482-7647

**walkgeorgewv@gmail.com**

**Make check payable to:** River City Runners & Walkers Club  
P.O. Box 4496, Parkersburg, WV 26104

There will be a \$5.00 service charge on all returned checks.

\_\_\_\_\_  
**Name** MALE / FEMALE  
(circle one)

\_\_\_\_\_  
**Email Address** RUN / WALK  
(circle one)

\_\_\_\_\_  
**Address**

\_\_\_\_\_  
**City, State, Zip**

\_\_\_\_\_  
**Phone** \_\_\_\_\_ **DOB** \_\_\_\_\_

**Age on race day** \_\_\_\_\_

**WAIVER:** Upon entering this event, I waive all claims for myself, my heirs and assigns against the River City Runners & Walkers Club, all sponsors, St. Michael Catholic Church, and the City of Vienna for injury or illness which may result from my participation. I am in proper physical condition for this event.

\_\_\_\_\_  
Signature \_\_\_\_\_ Date \_\_\_\_\_

\_\_\_\_\_  
Parent/Guardian if under 18 years old (Valentine)

Shirt Size Desired \_\_\_\_\_

**NOTE: Only those who finish ALL THREE  
WINTER SERIES RACES will receive a shirt.**

**MARCH HARE  
5K RUN / WALK  
March 11, 2018**



**Erickson All-Sports Facility  
4601 Camden Ave., Parkersburg, WV**

**RACETIME:** 2:30 p.m.

**REGISTRATION:** 1:15 - 2:15 p.m.

\$8.00 for club members / \$9.00 for non-members

**COURSE:** gentle out and back course

**INFORMATION:** George Welch, 304-482-7647

**walkgeorgewv@gmail.com**

**Make check payable to:** River City Runners & Walkers Club  
P.O. Box 4496, Parkersburg, WV 26104

There will be a \$5.00 service charge on all returned checks.

\_\_\_\_\_  
**Name** MALE / FEMALE  
(circle one)

\_\_\_\_\_  
**Email Address** RUN / WALK  
(circle one)

\_\_\_\_\_  
**Address**

\_\_\_\_\_  
**City, State, Zip**

\_\_\_\_\_  
**Phone** \_\_\_\_\_ **DOB** \_\_\_\_\_

**Age on race day** \_\_\_\_\_

**WAIVER:** Upon entering this event, I waive all claims for myself, my heirs and assigns against the River City Runners & Walkers Club, all sponsors, Erickson All-Sports Facility, and the City of Parkersburg for injury or illness which may result from my participation. I am in proper physical condition for this event.

\_\_\_\_\_  
Signature \_\_\_\_\_ Date \_\_\_\_\_

\_\_\_\_\_  
Parent/Guardian if under 18 years old (March Hare)

Shirt Size Desired \_\_\_\_\_

**NOTE: Only those who finish ALL THREE  
WINTER SERIES RACES will receive a shirt.**