

31st Elderton 5K Run/Walk

Friday, May 17, 2019 7:00 PM

Location: Main Street, Elderton, Pennsylvania (located between Indiana and Kittanning on Rt. 422, Armstrong County)

Register online @ runsignup.com

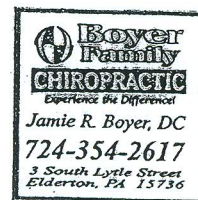
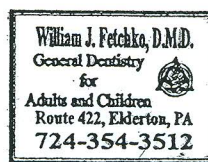
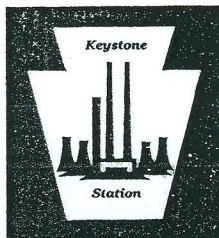
Entry Fee: \$12.00 Preregistration (includes t-shirt) until May 11
 \$10.00 Preregistration (no t-shirt) until May 11
 \$15.00 Race Day Registration (t-shirt not guaranteed)
 \$12.00 Race Day (no t-shirt)
 \$10.00 Preregistration any Elementary/High School Student (includes t-shirt) until May 11
 \$7.00 Race Day Registration any Elementary/High School Student (no t-shirt)

AGE GROUPS	
MALE	FEMALE
10 & Under	10 & Under
11 - 15	11 - 15
16 - 19	16 - 19
20 - 29	20 - 29
30 - 39	30 - 39
40 - 49	40 - 49
50 - 59	50 - 59
60 - 69	60 - 69
70 & Over	70 & Over

Trophy Award: Top 3 Male & Top 3 Female Overall Winners
 Top 3 Male & Top 3 Female in Each Age Group (Run Only)
 Top 3 Male & Top 3 Female Walkers
 Oldest & Youngest Finishers
 1st Elderton Fireman Finisher

General Information: Splits at 1 & 2 Miles * Time by *Smiles Timing Services* * Results posed on *smileymiles.com*
 Water Stations on Course * Post Race Refreshments * Fast, Slightly Rolling Course

Course Records: Male - Mike Hampton, Punxsutawney, Pennsylvania 15:36 (1989)
 Female - Mindy Sawtelle, Indiana, Pennsylvania 18:08 (2003)



Detach and Mail to: Randy Frailey, 11795 US Route 422, Kittanning, PA 16201 724-354-3779

Make Checks Payable to: Elderton/Plumcreek Recreation Commission

Entry Form and Release:

Name _____ Male Female

Age _____ Month _____ Year _____

Address _____

Phone _____

Shirt Size Small Medium Large X-Large

Run or Run/Walk

Walk Entire Race

Elderton Fireman

In consideration of the acceptance of this entry, I, for myself, my heirs, executors and assigns, release, remise & discharge the sponsors and any other person, firm, business or entity from all claims and actions for damages or injuries which I might suffer as a result of this race/walk. I hereby certify that I am physically fit and have trained sufficiently for this race. I also consent to the use of any photos that may involve myself for publication.

Signature Required _____ Date _____

Parent must sign if runner/walker is under 18 years of age.