

Starting Time:

Registration and race packet pick-up begin at 8:00 a.m. Kids' race begins at 8:45 a.m. 5K races begins at 9:00 a.m.

Entry Fees:

If registered by August 10, 2019:

Kids' race - \$10

5K - \$20

Shirt size guaranteed

If registered after August 10, 2019:

Kids' race - \$10

5K - \$22

Shirt or size not guaranteed

Entry Fee Payable To:

Hasson Heights Community Church
Music on the Hill
21 Fairview Avenue
Oil City, PA 16301

or register online at:

<https://runsignup.com/Race/PA/OilCity/MusicontheHill5KRunWalk>

For Additional Information:

Deb Grove, Race Director
814-673-9606
debra.grove3@gmail.com
Church Office: 814-677-2079

Race Course:

The 5K race begins and ends at the Hasson Heights Community Church. Participants will travel on the streets through the rolling hills of the Hasson Heights/Oliver Manor area. It is an out-and-back course. The kids' races will be held near the start line

Parking:

Parking is available at the church.

Restrooms and Water Stops:

Restrooms are available at the church. Water will be available at approximately the half-way point and at the finish line.

Awards:

Awards will be given in both the running and walking categories as follows:

- Top 3 males and females overall
- Top 3 male and female finishers in each age group (no duplicate awards)

Age Groups:

Kids' Races: Ages 3 – 6 and 7 – 11

5K Race: 14 and under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

Registration Form (Please print):

Name: _____

Address: _____

City: _____

State, ZIP: _____

Phone: _____

Email: _____

Age on August 24, 2019: _____

Check One: Runner Walker

Check One: Male Female

Check One: Kids' race 5K

Shirt Size: S M L XL 2X 3X

S-Youth M-Youth L-Youth

In consideration of accepting this entry, I, the undersigned intending to be legally bound for myself, my heirs, personal representatives, successors, and assigns, waive and release any and all claims for losses and damages I may have against the Hasson Heights Community Church and its representatives for any and all injuries or illnesses that may result from this event. I assume all risks associated with running this event, including, but not limited to, falls, contact with other participants, the effects of the weather, traffic, and the conditions of the race course, all such risks being known and appreciated by me. I certify that I am a voluntary participant in this event and in good physical health.

Signature: _____

(Signature of parent if under 18)

Date: _____

About the Race:

Proceeds from this race will benefit both local and worldwide missions.

Awards ceremony to follow race.

Timing by Miles of Smiles.

Directions/Course:



And let us run with perseverance the race marked out for us . . .

Hebrews 12:1



Hasson Heights Community Church
Music on the Hill 5K
21 Fairview Avenue
Oil City, PA 16301

Music on the Hill 5K Run/Walk

2019 8TH ANNUAL
Music ON THE HILL
100
Hasson Heights Community Church

NAME: LAST FIRST
TEAM, AFFILIATION or ADDRESS
ZIP M F SEX 100
RUNNING BECAUSE 100

Saturday, August 24, 2019

**Kids' Races at 8:45 AM
5K at 9:00 AM**

**Hasson Heights
Community Church
21 Fairview Avenue
Oil City, PA 16301**