



Avonworth 8th Grade Presents: 4th Annual Chase the Antelopes 5k & One Mile Walk

Saturday, April 30, 2022 - 9:00 a.m.

Avonworth Middle/High School - 256 Josephs Lane, Pittsburgh, PA 15237

Costs

Pre-registration: \$15 (register online or paper registration received by 4/1/22)

Registration after 4/1: \$20

One Mile Walk Option: same prices as the 5k run

Proceeds go to the Hannah Milbert Memorial Fund

Awards

Awards presented to the top three overall male and female finishers

Awards also presented to the top three finishers in each age group

Age Groups: 1-13, 14-19, 20-29, 30-39, 40-49, 50-59, 60+

Participant Information

Name: _____ Age on April 30: _____

M/F: _____ Address: _____

Phone: _____ Email: _____

Event Choice (choose one)

5k Run/Walk _____ One-Mile Walk (untimed) _____

Shirt Size (choose one)

Adult: S___ M___ L___ XL___ Youth: S___ M___ L___ XL___

Guaranteed for pre-register only - limited availability for late registrants

CHECKS CAN BE MADE OUT TO:
"AVONWORTH SCHOOL DISTRICT" AND
SENT TO:

AVONWORTH MIDDLE SCHOOL
ATTN: JASON SMITH
256 JOSEPHS LANE
PITTSBURGH, PA 15237

To register online visit:
www.ChaseTheAntelopes5k.com

Questions? Contact Jason Smith
Phone: 412-366-9650
Email: jsmith@avonworth.k12.pa.us

Liability Waiver (sign below)

I know that running a road race is a potentially hazardous activity. I should not enter and participate unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this Avonworth organized event, including but not limited to falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic, and the conditions of the road, all such risks being known and acknowledged by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Avonworth School District, all city, county, and state governments, and all sponsors, their representatives, and successors from all claims or liabilities of any kind arising out of my participation in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose. I understand that all entries are final with no refunds. The official race director reserves the right in any event of an emergency or local or national disaster to cancel the race or to change the day and/or time to a later day and that in the event of cancellation or change there is no refund of entry fees.

Signature _____ Date _____
(or parent/guardian if under 18)