

# 30th GATEWAY TRACK MILE 2022 (1609.344meters)

PRESENTED BY: TUESDAY NIGHT RACING TEAM

## TIMING BY WOLF CREEK RACE MANAGEMENT NO ENTRY FEE

**DATE: THURSDAY June 9, 2022 : 6:30pm (Faster heats first)**

**SITE: GATEWAY HIGH SCHOOL TRACK (Rain or Shine) Note: New Event Site**

**9000 Gateway Campus Blvd., Monroeville, PA 15146** MONROEVILLE 14A EXIT OF THE PARKWAY AND PA TURNPIKE EXIT 56. Follow Rt 48/ Mossie Blvd South, one mile. Across from Forbes Hospital. Track on West side of High School, under stadium light. Check by calling (412) 372-3212 or e-mail: [don\\_tammy@msn.com](mailto:don_tammy@msn.com) for questions. Note school may not be open for rest rooms or changing.

Come ready to run: MAPQUEST: 9000 Gateway Campus Blvd, Monroeville, PA 15146

**TIME: 6:30 pm FIRST HEAT: SIGN IN STARTING AT 5:30 Refreshments provided.**

**TENTATIVELY 5 HEATS PLANNED: Heat #1: 5:04.9 or faster, Heat #2: 5:05 to 5:49.9, Heat #3 5:50 to 6:39.9, Heat #4: 6:40 to 7:59.9, Heat #5: 8:00 or slower and Race Walk. HEATS WILL BE ADDED OR DELETED DEPENDING UPON THE NUMBER OF RUNNERS PRESENT. Come ready to Run. FASTER HEATS WILL BE RUN FIRST – Register on line at Wolf Creek Timing or Race Site**

**AWARDS: TAMMY'S HOMEMADE CHOCOLATE CANDY**

**First Open Female Random Heat Winner**

**First Master +50\* M/F Predict Your Time Special**

**CASH FOR OVERALL RECORDS & SELECT AGE RECORDS: \$25 Overall Male and Female**

winner. \$10 Master male & Female \$50 for Overall Record, \$25 Select Age Records, \$10 Age Performance

<b>Overall Records \$50</b>	<b>Male: Daniel Jaskowak 2018 4:21.1</b>	<b>Female: Allison Letourneau 2012 4:50.3</b>
<b>Age Records \$25</b>	<b>&lt;19 Scott Whitaker 2011 4:26.28</b>	<b>Female: Diana Filtz 2005 5:18.70</b>
	<b>40-49 Carl Hubel 1999 4:43.41</b>	<b>Female: Tammy Slusser 2005 5:33.0</b>
	<b>50-59 J Brockenbrough 2009 4:52.46</b>	<b>Female: Tammy Slusser 2015 5:54.42</b>
	<b>60-60 Art Anderson 2017 5:50.1</b>	<b>Female: Donna Scanlon 2018 7:52.4</b>
	<b>70+ Dick Monheim 2012 7:03.08</b>	<b>Female: Never a 70+ runner</b>
	<b>80+ Gehrett Smith 2013 8:15.42</b>	<b>Female: Never a 80+ runner</b>

**Bonus/Incentive Money Rules: 1) Runner breaking record must win overall/age to be awarded record money.**

**2) \$10 performance money for bettering last listed time in division (see reverse), even if other runners displace this runner. 3) No Record or Performance money in Women 70+. 4)\* Should a 50+ runner win the 40+ \$10, the Masters**

**candy will go to a 50+ runner.**

### SPLITS GIVEN AT EACH 440 YARDS - FOUR LAPS PLUS 9.344 METERS

Record: Oldest Finisher: Male: 82 Gehrett Smith, (8:42.07) Elizabeth Twp 2013 . Female: 67 Kittie Vendolini-Abbott 2019 9:32.40

Youngest Finisher: Female: 2 Logan Diano - Plum. Male: 5 Lucas Balkey - Churchill

Most immediate Family Members finishing: 5 Landis's from Squirrel Hill 2014, and 5 Banks from St. Clairsville Ohio 2015

Total finishers 72 in 2015. Most sub 5:00 Performances: 13 – 2019 Farthest traveled: Female: Allison Letourneau – Nova

Scotia. Male: Fabian Immler – Lindenburger Germany.

### GATEWAY TRACK MILE TOP PERFORMANCES BY DIVISION to JUNE 2020

	MALE			FEMALE		
		age	year		age	year
<b>OPEN</b>	<b>1. 4:21.1 Daniel Jaskowski 24 2018</b>			<b>1. 4:50.3 Allison Letourneau 23 2012</b>		
	<b>2. 4:24.92 Tyles Palenchak 20 2015</b>			<b>2. 4:54.0 Stephanie Bonk 21 2012</b>		
	<b>3. 4:26.28 Scott Whitaker 18 2011</b>			<b>3. 4:58.91 Tammy Slusser 31 1996J</b>		
	<b>4. 4:29.44 Cabel Muller 23 2014</b>			<b>4. 5:00.5 Leah Ahlin 29 2012</b>		
	<b>5. 4:29.8 Steve Abate 23 2012</b>			<b>5. 5:03.35 Tammy Slusser 30 1995A</b>		
	<b>6. 4:29.83 Mike Diano 21 2003</b>			<b>6. 5:03.42 Tammy Slusser 31 1996A</b>		
	<b>7. 4:30.31 Steve Strellick 27 2010</b>			<b>7. 5:07.06 Tammy Slusser 33 1998A</b>		
	<b>8. 4:30.41 A.J. Saravica 27 2009</b>			<b>8. 5:09.06 Mindy Sawtelle 26 1999</b>		
	<b>9. 4:30.99 Mike Diano 19 2001</b>			<b>9. 5:10.33 Tammy Slusser 32 1997A</b>		
	<b>10 4:31.63 James Townsend 30 2019</b>			<b>10. 5:11.51 Tammy Slusser 32 1998J</b>		
<b>JR 19&lt;</b>	<b>1. 4:26.28 Scott Whitaker 18 2011</b>			<b>1. 5:18.70 Diana Filtz 15 2005</b>		
	<b>2. 4:30.99 Mike Diano 19 2001</b>			<b>2. 5:38.70 Becky Carter 17 1998</b>		
	<b>3. 4:34.60 Christian LaBash 15 2011</b>			<b>3. 5:40.74 Claire Kintner 17 2012</b>		
	<b>4. 4:34.74 Ryan McGuire 16 2011</b>			<b>4. 5:45.63 Kristen McMichaels 14 2011</b>		
	<b>5. 4:38.07 Mike Diano 18 2000</b>			<b>5. 5:50.65 Kristen McMichaels 13 2010</b>		
<b>40- 49</b>	<b>1. 4:43.41 Carl Hubel 42 1999</b>			<b>1. 5:33.0 Tammy Slusser 40 2005</b>		
	<b>2. 4:45.36 Carl Hubel 41 1998 A</b>			<b>2. 5:35.05 Tammy Slusser 43 2008</b>		
	<b>3. 4:46.83 John Brockenbough 44 2003</b>			<b>3. 5:37.57 Tammy Slusser 42 2007</b>		

	4. 4:47.86 John Brockenbough 43 2002	4. 5:38.60 Tammy Slusser 44 2009
	5. 4:48.42 Jim Hommes 40 2011	5. 5:38.71 Kristen Suvick 45 2011
50-59	1. 4:52.46 John Brockenbough 50 2009	1. 5:54.42 Tammy Slusser 50 2015
	2. 4:56.84 John Brockenbough52 2011	2. 6:00.9 Tammy Slusser 53 2018
	3. 4:57.11 Steve Garand 53 2014	3. 6:02.4 Tammy Slusser 52 2017
	4. 4:57.73 John Brockenbrough51 2010	4. 6:04.60 Tammy Slusser 54 2019
	5. 5:03.0 Steve Garand 52 2013	5. 6:19.20 Tammy Slusser 51 2016
60-69	1. 5:50.1 Art Anderson 62 2017	1. 7:57.8 Donna Scanlon 60 2018
	2. 5:51.2 Art Anderson 63 2018	2. 8:07.31 Donna Scanlon 61 2019
	3. 5:56.7 Dean Rowland 61 2012	3. 8:18.6 Kittie Abbott 62 2014
	4. 5:57.4 Art Anderson 61 2016	
	5. 5:58.53 Art Anderson 64 2019	
70+	1. 7:03.08 Dick Monheim70 2012	NONE
	2. 7:04.95 Wayne Jabobs 70 2019	
	3. 7:08.39 Roger Brockenbroug74 2009	

Note Gateway Mile held in both June & August in 1995, 1996, 1997 and 1998. An "A" means August

Gateway Track Mile Winners: 1994 to 2020				* Record					
	Winner	Time	<5:00	#Runners		Winner	Time	<5:00	# Runners
1994	David DeTorre	5:00.52	0	10	1995	Brian Sundin	4:49.3	5	14
1995 A	Kevin Dowell	4:46.11	4	13	1996	Jeff Otten	4:42.25	7	21
1996 A	Jim Hommes	4:45.42	2	13	1997	Jim Hommes	4:34.43	6	23
1997 A	Jeff Otten	4:50.72	5	10	1998	Jim Hommes	4:36.93	4	21
1998 A	David Wilt	4:43.73	5	20	1999	Jim Hommes	4:40.30	3	21
2000	Mike Diano	4:38.07	4	37	2001	Mike Diano	4:30.99	7	46
2002	Jim Hommes	4:43.59	8	35	2003	Mike Diano	4:29.83	8	41
2004	Mike Diano	4:34.38	4	31	2005	Larry VanDyke	4:53.59	1	39
2006	Race Not Held				2007	J. Brockenbough	4:53.70	3	16
2008	Craig Bell	4:42.17	1	22	2009	AJ Saravica	4:30.41	4	41
2010	Steve Strellick	4:30.13	4	42	2011	Scott Whitaker	4:26.28	12	65
2012	Steve Abate	4:29.8	8	53	2013	Fred Thompson	4:35.2	8	53
2014	Caleb Muller	4:26.44	11	70	2015	Tyles Palenchak	4:24.92	5	72*
2016	Matthew Puleio	4:39.8	1	36	2017	Matthew Puleio	4:39.1	3	48
2018	Daniel Jaskowak	4:21.1*	7	47	2019	James Townsend	4:31.63	13*	63
2020	Covid-19	no race held	-	-	2021	Covid	no race held		