



Shaler Area Distance Carnival

November 18, 2021

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Titan Stadium 1800 Mt. Royal Blvd. Glenshaw, PA 15116
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Shaler Area XC/Track & Field will be hosting a Distance Carnival this November. All ages are welcome to run. Listed below are the age groups and races available.

12 and under: 800m

13-14: 800m or Mile run

15-18: Mile run or 3000m

19 and over: Mile run

The cost is \$5 per athlete. The time schedule will be posted at least a week in advance, but we will run this on a rolling schedule. We plan to start races at 5:00 pm with the 12 and under races being first. Races will be timed by Miles of Smiles and will be posted to Milesplit. We will seed heats so that they are competitive and fun for all attending.

Link or registration: <https://forms.gle/ZYZLzEyBVfqNMvM8>

If you have any questions please contact one of the following:

Justin Eskra (jdeskra@gmail.com) or Shawn Ryan (ryans@shalerarea.org).