



**Light up Kittanning
5K and 1 Mile Family Glow Walk
Saturday, November 20, 2021
5K @ 5:00 p.m.
1 Mile Walk @ 5:05 p.m.**

Location: Armstrong County Tourist Bureau
125 Market Street
Kittanning, PA 16201

Course: Course is very flat, it's out and back on the trail.

Race Director: Herb Cratty (724-841-6528) or bonnherb@yahoo.com

Awards: 5K age group winners will receive hand carved finisher medal

**All entrants for 5K and 1 Mile Family Glow Walk
will receive a pair of cotton running gloves
and a night glow stick for participating**

Tee Shirts are optional: They are \$10.00 extra

If wanted, please indicate which size: S M L XL

Entry fee is per entrant. Please indicate which Race:

5K _____ \$25.00 1 Mile _____ \$12.50

Make Checks payable and send to:

Miles of Smiles Timing Services
511 Harpers Ferry Road
Ellwood City, PA 16117

Registration is also available at RunSignup.com

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Gender: Male Female Age _____

I know that running is a potentially hazardous activity. I should not enter or run this event unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this race including, but not limited to, falls, contact with other participants, the effects of weather, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application, I, for myself and anyone entitled to act on my behalf, waive and release this race and all organizers, sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event . I also release any photos that may involve myself. Participant Signature Parent or Guardian:

Signature: _____ Date: ___/___/___