

Rube's Run

22nd Annual 5K Road Race & Walk
followed by an "Old-Fashioned Baseball Breakfast"
8:30 a.m., Saturday, July 22, 2023, in Prospect PA
(See map on back)



The race will start and end at the Presbyterian Church of Prospect.
Race-day registration and check-in begins at 7 a.m. at the church.
Ample parking available at the Presbyterian Church.



- Registered runners and walkers can enjoy hotdogs and drinks while results are tabulated.
- Free Kids Race to follow 5K (approximately 9:15 a.m.) with ribbons for all participants. **Kids Race shirts (one-size, one style) are \$5 and must be ordered in advance.**
- 5K at 8:30 a.m.
- Flat and gently rolling course closed to traffic.
- Affix bib on front
- Clean restrooms in air conditioned church
- Commemorative T-shirts by CarCo
- Please no pets, skates or bikes



Rube's Run 2023

5K age groups (Male & Female divisions):
1st Overall, 2nd Overall, 3rd Overall, 1st Masters
12 & Under, 13-17, 18-29, 30-39, 40-49, 50-59, 60-69, 70 & Older
Trophies only for the first-place finisher in each age group in each division in the 5K race. **Awards ceremony will follow race.**
Online registration available at runsignup.com
Race results will be posted at smileymiles.com



Timing by
Miles of Smiles

\$16 if received by July 15. \$22 after July 16 and day of race. **Shirts and tanks must be ordered by July 15 and will not be available for race-day registrants.** Make checks payable to Prospect Area Preservation Society and mail to PAPS, P.O. Box 586, Prospect, PA, 16052. For more information, contact Jim Gallagher at (724) 841-4306 or jtgallagher@zoominternet.net or Mary Harmon at 724-865-2181 or jmharm@zoominternet.net.

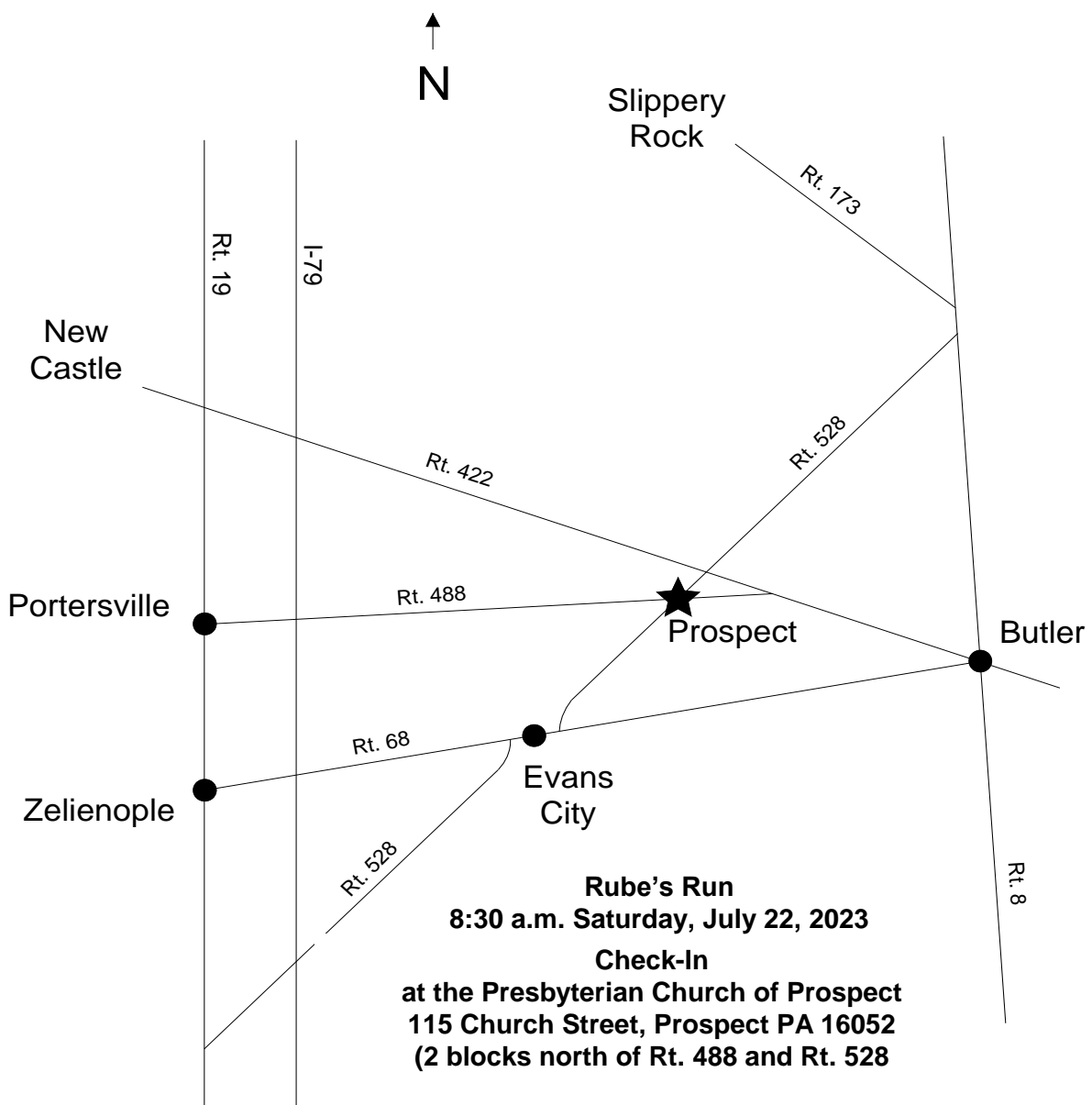
-----Cut here to save map on back-----

First Name		Last Name	
Address		5K <input type="checkbox"/> Free Kids Race <input type="checkbox"/> Kids Race w/ shirt (\$5) <input type="checkbox"/>	
Sex	Phone	Race-Day Age	
Shirt Style: T-Shirt, Tank or Long-Sleeve (Add \$5 for Tank. Add \$6 for Long-Sleeve.)		Size: S, M, L, XL, XXL, XXXL (Add \$4 for XXL. Add \$5 for XXXL.)	

Waiver: In consideration of the acceptance of this entry, I waive, for myself, my heirs, and assigns, all claims for damages which I might have against the race, its sponsors, or any other organization, business, or individual as a result of any and all injuries which might be received during the contest. I attest that I have sufficiently trained for this event. I also release any photos that may involve myself.

Signature _____ Date _____ 2023

Parent's signature if participant is under 18 _____



Rube's Run
8:30 a.m. Saturday, July 22, 2023
Check-In
at the Presbyterian Church of Prospect
115 Church Street, Prospect PA 16052
(2 blocks north of Rt. 488 and Rt. 528)