

# Betty Zane Days 5K

## July 31, 2024

### Martins Ferry Cross Country Fundraiser

Full Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_

Zip: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Shirt Size: (Circle One) S M L XL 2X 3X

Gender: (Circle) Male Female Date of Birth: \_\_\_\_\_ (Ex. 03/16/1964)

**Race Participation:** (Circle) 5K Runner 5K Walker

**Event Information:** This event takes place during the annual Betty Zane Day Festival at the Martins Ferry City Park. The 5K race is the kickoff event for the festival. Race start time is at 6:00 pm. Runners will be in the front, walkers in the back. The race starts and finishes at the city park. All proceeds benefit the Martins Ferry Cross Country team. Age group awards will be given.

**Race Fee:** Early registration is \$20. All registration after July 24th is \$25. T-shirts will be guaranteed to those registered by July 17th (due to delays in shipping).

**Please Indicate Payment Method:** (Circle) Cash Check

**Registration can be done online at [www.smileymiles.com](http://www.smileymiles.com)**

**Registration can be mailed to:**

Betty Zane 5K  
c/o Chrissy Lewis  
71465 Twin Beech Road  
Bridgeport OH 43912

**Please make checks payable to Martins Ferry Cross Country Parents**

**Registration can also be turned into the Total Sports Connection.**

**Event Disclaimer:** For and in consideration of permission to participate in the race, I for myself, my heirs, executors, and administrators, do hereby release and discharge the sponsors, contributors, officials, employees, and all members of the Martins Ferry City Schools, City of Martins Ferry, from all claims and damages arising from my participation in this race. I attest and verify that I am physically fit and have sufficiently trained for this event.

**Signature: (Parent signature if under 18)** \_\_\_\_\_ **Date:** \_\_\_\_\_