

Blessed Francis Seelos Academy Meet

Tuesday, August 25, 2026

Pine Community Park, Wexford PA

1a) WHERE: Pine Township Community Park, 230 Pearce Mill Road, Wexford PA (entrance across from the Pine Township Admin Bldg.)

2) WHO: Aquinas Academy, Blessed Trinity Academy, Holy Sepulcher, St. Kilian, St. Constantine, Bl. Francis Seelos (Host)

3) WHEN: Tuesday, August 25, 2026

- 3:30-4:00 Teams Arrive & Set Up
- 4:05 Modified Course Walk-Through (or when all teams have fully arrived)
- 4:20 Brief Coaches Meeting
- 4:30 Developmental Boys Race (Grades 4 and under)
- 4:31 Developmental Girls Race (Grades 4 and under)
- 4:55 JV Boys Race (Grades 5-6)
- 5:00 JV Girls Race Start (Grades 5-6)
- 5:30 Varsity Boys Race (Grades 7-8)
- 5:35 Varsity Girls Race (Grades 7-8)

Note: We will wait for all schools to arrive and have time to warm up for the Developmental Races. If necessary, we will push start times back to accommodate for this.

3) COURSE: This is where we are not sure yet. We are looking to adjust the courses a bit—same distance and grade, but the heavy rain this summer has messed with our traditional trails, so we are reworking the course. **For this meet, rather than risk injury, we may have more of the courses on paved trails—so we wouldn't recommend spikes. We will have course monitors throughout the course and it will be well marked regardless. I will send an updated map once we have a better idea.**

- *Developmental:* Targeting a 2K course (1.24 miles), but may differ a bit from that (1.24-1.35 miles) for grades 4 and under. We will mark it accurately regardless of distance. It will be a mix of road, trail and field.
- *JV & Varsity:* Targeting a (3K) course (1.86 miles), but may differ a bit from that (1.8-1.9 miles). It will be a mix of road, trail and field. We will mark it accurately regardless of distance.

4) TIMING SERVICE: We will be using Miles of Smiles as our timing service. All results will be posted on their website: www.smileymiles.com

5) MISCELLANEOUS:

- A. **Parking:** There are plenty of parking spaces/lots available surrounding the course. PLEASE DO NOT PARK ON THE GRASS.

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- B. **Restrooms**: There are two restrooms. One by the playground, one across the baseball field. I would suggest bringing extra toilet paper.
- C. **Clean-Up**: Please bring garbage bags and clean up your team before you leave.
- D. **Rosters**: Please update your full rosters on the North Area Schedule immediately!. I will submit full rosters after that to MOS. If there are any additions on race day, please let me know. We will be using disposable timing bibs for the race.
- E. **Weather**: If it looks like a cancellation will be necessary, I will notify teams by 2:00PM on race day so they can contact parents, otherwise we will make the call at the course. We will run if it is only raining.
- F. **Tents**: Can be set up in the area between the bathrooms and volleyball court.
- G. **There are no awards for this race**
- H. **Contact**: My email (Jack White) is coachwhite.flames@gmail.com. Cell: **412-657-8342**

Box Assignments

Aquinas Academy (6)
Blessed Trinity Academy (5)
Holy Sepulcher (1)
St. Kilian (4)
St. Constantine (3)
Bl. Francis Seelos (2)